

Carbon Leisure Winter 2013



**CARBON REC
PHOTOGRAPHY GROUP**
SEE PAGE 8



JUNE 22
SEE PAGE 11



the **Lunatic
Triathlon**

**FREE
PLEASE
TAKE ONE**

GUIDE TO RECREATION & LIFELONG LEARNING OPPORTUNITIES IN CARBON COUNTY, UT

PUBLISHED BY CARBON COUNTY RECREATION • 435-636-3702 • www.carbonrec.com • SUPPLEMENT TO THE SUN ADVOCATE DEC. 24, 2012

Photo by George Ingram



Athletic Schedules

Baseball

Date	Opponent	Location
Feb. 1, 2	Caballero Classic	Yuma, Arizona
Feb. 22, 23	Prairie Baseball Academy	St. George, UT
March 1, 2	VI Mariners	Price
March 8,9	University of Utah Club Team	Price
March 12	Salt Lake Community College,	Price
March 15, 16	Dawson Community College	Price
March 22, 23	Colorado Northwestern	Rangely, CO
March 29, 30	Salt Lake Community College	Salt Lake City, UT
April 4,5	Utah State Aggies Club Team	Price, UT
April 9, 10	Dawson Community College	Billings, MT
April 11	Miles City Community College	Miles City, MT
April 19, 20	Arizona Christian Firestorm JV	Phoenix, AZ
April 26, 27	Colorado Northwestern	Price
May 2-4	Region Tournament Best of three	Phoenix, AZ
May 9-11	Region Tournament Best of three	Phoenix, AZ
May 26-June 1	Division II World Series	Enid, Oklahoma

USU-Eastern Youth Baseball Camp

February 13 • See page 7 for details.

Women's Basketball

Date	Opponent	Location	Time
Dec 29	Salt Lake All Stars	Price, UT	3pm
Jan 5	Colorado NW CC	Rangely, CO	3pm
Jan 10	Salt Lake CC	Price, UT	5:30pm
Jan 12	Snow College	Price, UT	3pm
Jan 17	North Idaho College	Coeur d'Alene, ID	5:30pm
Jan 19	College of So. Idaho T	win Falls, ID	3pm
Jan 26	Colorado NW CC	Price, UT	3pm
Jan 31	Snow College	Ephraim, UT	5:30pm
Feb 2	Salt Lake CC	Taylorsville, UT	3pm
Feb 7	North Idaho College	Coeur d Alene, ID	5:30pm
Feb 9	College of So. Idaho	Twin Falls, ID	3pm
Feb 16	Colorado NW CC	Rangely, CO	3pm
Feb 21	Snow College	Price, UT	5:30pm
Feb 23	Salt Lake CC	Price, UT	3pm
Feb 28-Mar. 2	Region Tournament	Coeur d Alene, ID	TBA
March 14-23	NJCAA National Tournament		

Men's Basketball

Date	Opponent	Location	Time
Dec 28-30	Mesa AZ Tournament	Mesa, AZ	TBA
Jan 2	Western Wyoming	Price, UT	4pm
Jan 5	Colorado NW CC	Rangely, CO	5pm
Jan 10	Salt Lake CC	Price, UT	7:30pm
Jan 12	Snow College	Price, UT	5pm
Jan 17	North Idaho College	Coeur d'Alene, ID	7:30pm
Jan 19	College of So. Idaho	Twin Falls, ID	5pm
Jan 26	Colorado NW CC	Price, UT	5pm
Jan 31	Snow College	Ephraim, UT	7:30pm
Feb 2	Salt Lake CC	Taylorsville, UT	5pm
Feb 7	North Idaho College	Coeur d Alene, ID	7:30pm
Feb 9	College of So. Idaho	Twin Falls, ID	5pm
Feb 16	Colorado NW CC	Rangely, CO	5pm
Feb 21	Snow College	Price, UT	7:30pm
Feb 23	Salt Lake CC	Price, UT	5pm
Feb 28-Mar. 2	Region Tournament	Coeur d Alene, ID	TBA
March 14-23	NJCAA National Tournament		

For info call 613-5371

CJ'S DO-IT CENTER
710 East Main, Price • 636-8100

Range Creek, 9-Mile Canyon, & the San Rafael Swell

Range Creek has been referred to as "The Secret Canyon." It has been the subject of documentaries on Scientific American, KUED Television, and Time Team America. Stories have appeared in numerous magazines like National Geographic and Smithsonian. Range Creek is the most significant archaeological discovery in the last 100 years. Tucked in an isolated canyon in Eastern Utah, Range Creek Canyon was virtually unknown to the world for a hundred years. In 2003 the owner sold the property to the state of Utah. The canyon is now managed by the University of Utah Museum of Natural History.

9-Mile Canyon has been called the longest art gallery in the world. Some of the most world's most famous petroglyphs can be found here.

The San Rafael Swell boasts everything National Parks have, except the crowds. Your tour will cover 2,000 years of human history.

These canyons were the home of the Fremont Indian culture for over a thousand years. The native population mysteriously disappeared some 800 years ago, leaving behind innumerable clues to their rich history.

Carbon Rec has been doing tours in 9-Mile Canyon and the San Rafael for 22 years and in Range Creek Canyon for eight years.

You will travel in air-conditioned vans from Price. Layne Miller will be your guide on this remarkable journey through time. Layne has been guiding heritage tours for over 20 years. His many stories add significantly to your experience.

Lunch is provided on all our tours.

2013 Tour Dates

Range Creek • \$80

June 29 • Sept. 14 • Sept. 22 • Sept. 28 • Oct. 5

9-Mile Canyon • \$55

May 18 • Sept. 21

San Rafael Swell • \$55

May 4 • Oct. 6

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Carbon Rec registration/refund policy

Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program. In some instances, no refunds or credit slips will be issued, such as deposits paid for tours and workshops. Ask for a copy of the refund policy before you register.

Carbon Leisure is intended to be a comprehensive guide to recreation and lifelong learning opportunities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.



455 E. Hwy. 29, Orangeville
748-2223

Carbon Rec

Schedule of Programs, Classes, Activities, & Events • Winter 2013

The Recreation Office is located in Price at 30 East 200 South
435-636-3702 • www.carbonrec.com

2013 Activity Calendar

Visit our website often. We add activities regularly.

NOW	Youth Wrestling	June 3	Day Camp Begins
NOW	Power Tumbling	June 10	Tennis Lessons Begin — Session 1
Jan. 8	2nd Grade Basketball Deadline	June 10	Baseball Camp Begins
Jan. 8	Photography Group Meeting & Class: Making sense of your new camera	June 10	Last Day for Lunatic Triathlon T-shirt
Jan. 9	RSVP Deadline for Ice Skating Party	June 22	Lunatic Triathlon
Jan. 10	Women’s Volleyball Deadline	June 24	Soccer Camp Begins
Jan. 12	Community Ice Skating Party	June 29	Mike Ballard Memorial Golf Tournament
Jan. 14	Instructional Basketball Begins	June 29	Range Creek Tour
Jan. 14	Creative Writing Class Begins	June 29	Wall at Pleasant Valley Days
Jan. 15-16	CPR/First Aid Class	July 6	Wall at East Carbon Community Days
Jan. 23	Photography Class on Flash Photography	July 8	Tennis Lessons Begin — Session 2
Feb. 13	USU Eastern Youth Baseball Camp	July 8	Football Camp Begins
Feb. 12	Photo Group Meeting	July 16-17	CPR/First Aid Class
March 7	Soccer Registration Deadline	July 20	Range Creek Tour
March 7	Youth Volleyball Deadline	July 25	Co-ed Softball Deadline
March 12	Photo Group Meeting & Presentation by Steve Christensen: All the birds I've known An introduction to birding	July 26	International Days Kids Day – Climbing Wall
March 14	Photography Class: Marketing Your Images	July 27	International Days • 5K Run/Climbing Wall
March 13	Umpire Clinic	Aug. 5	Basketball Tourn/Horseshoe Tourn
March 14	Baseball/Softball Scorekeeping Clinic	Aug. 9-10	Basketball Camp Begins
March 19-20	CPR/First Aid Class	Aug. 17	County Fair • Softball Tourn/Climbing Wall
March 23	Go Fly a Kite! - Free Kites	Sept. 4	Helper Arts Festival 5K Run
April 9	Introduction to Birding	Sept. 4	Soccer Deadline
April 15	Tennis Lessons Begin	Sept. 14	Flag Football Deadline
May 2	Adult Softball Deadline	Sept. 21	Range Creek Tour
May 4	San Rafael Swell Auto Tour	Sept. 22	9-Mile Canyon Tour
May 14	Photography Class: Light as it Related to Photography	Sept. 11	Range Creek Tour
May 18	Firefighters 5K Run	Sept. 17-18	Youth Volleyball Deadline
May 18	9-Mile Canyon Tour	Sept. 26	CPR/First Aid Class
May 21-22	CPR/First Aid Class	Sept. 28	Co-ed Volleyball Deadline
May 23	T-Ball Deadline	Oct. 5	Range Creek Tour
June 3	Triathlon Earlybird Registration Deadline	Oct. 6	Range Creek Tour
		Oct. 6	5K Walk/Run for Domestic Violence Awareness
		Nov. 19-20	San Rafael Swell Tour
			CPR/First Aid Class

Recreation Policies

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

Carbon Rec has a strict refund policy. In some instances refunds cannot be given, such as deposits for tours and workshops. Please ask about the refund policy before registering.

HOLIDAY INN

838 Westwood Blvd., Price • 637-8880

SPORTS & ACTIVITIES

Youth Wrestling (practice only)

Program begins in January. Register any time.
For ages 4 and up • Ask for practice time and location when you register.
Fee: \$35 • Fee does not include membership in any wrestling organization.
Tournaments and transportation are not included and are the exclusive responsibility of parents.

Instructional Basketball for Kindergarten & 1st Graders

Second graders who have not played before are welcome to participate in the instructional program.
Begins the week of January 14 • Fee: \$20
Play will be one day each week immediately after school for six weeks.
Mondays at Wellington & Pinnacle Academy • Tuesdays at Sally Mauro •
Wednesdays at Castle Heights • Thursdays at Creekview

Youth Volleyball

For ages 10 and up • Registration deadline: March 7 • Fee: \$28
Play will be Mondays and Wednesdays beginning March 18
Sessions will be clinic format. Emphasis will be on learning the fundamentals, team concepts, and game situations. Program will be run by USU Eastern volleyball players.

2nd Grade Developmental Basketball

Registration deadline: Jan. 8
Fee: \$25 • League will be played on Saturday mornings at Creekview Elementary. Emphasis will be on skill development, teamwork, and sportsmanship. We do not keep score.

Power Tumbling

Instructor: Pineau Nielsen
Fee: \$18 per month • For ages 5 and up
Tuesdays, 3:30 at The Lighthouse

Tennis Lessons

For youth and adults
Begins April 15 • Fee: \$20 • Eight lessons
Lessons on Mondays and Wednesdays



Community Ice Skating Party

January 12 at the Fairgrounds Ice Rink. RSVP by January 9.
FREE chili, hot chocolate and skate usage.
Must RSVP for skate usage by January 9. Skate sizes are limited and are reserved on a first to RSVP basis. Skate usage reserved in one-hour blocks from 11 a.m. to 2 p.m. Lunch served from 11:30 a.m. to 1:30 p.m.
Co-sponsored by KUSA Radio, Main Street Grill, & The Coffee Shop.

Go Fly a Kite!

We'll even give you the kite!

March 23, 11 a.m. to 2 p.m.

At the Carbon County Fairgrounds Model Airport

In conjunction with KUSA Radio, Carbon Rec will give away free kites to the first 250 kids, ages 12 and under, who come to the model airplane airport. We will also have free hot dogs and drinks!

Don't show up late. Kites, hot dogs, and drinks are limited. When we're out, we're out!

Community Fishing Program

In conjunction with the Utah Division of Wildlife Resources, Carbon Rec is proposing to do a youth community fishing program, beginning in June. The program will be for kids 11 and under. Participants will learn all aspects of fishing, including ethical and environmental issues. Best of all, there will be lots of fishing. The program will be held at the Carbon County Fairgrounds Pond and at Gigliotti Pond in Helper.

In order to do this program, we need numerous volunteers. If you're willing to help, call and talk to Alaena Fryer at 636-3702.

Ice Skate Rental

Rent early, sizes are limited!

\$5 per pair or two pair for \$8

Group rentals: \$3 per pair (10 or more pairs)

MAIN STREET GRILL

715 E. Main St., Price • 636-3463

Carbon County Recreation Registration

You may be required to complete another registration form, depending on the program you are registering for.
One registration per person, per program.

Program			
Name of Participant		Male	Female
Legal Guardian (if under 18)			
Address (Street, city, zip)			
Age	Grade	School	
Telephone		Emergency Telephone	
Email Address (Optional)			
Medical Insurance Provider		Group Number	

I have these medical conditions that may affect my ability to participate safely in this activity
(all medical conditions must be disclosed):

I am currently taking these medications:

By signing this agreement, the participant and legal guardian(s) agree to the following terms:

1. You are responsible for your own safety. Do not do anything you do not accept full personal responsibility for doing.
2. To immediately obey instructions of guides, instructors, and program directors. This if for your own safety.
3. Some recreation activities are potentially dangerous. Injury or even death may occur, even though all precautions are taken.
4. All participants must seek health advice from a medical professional before engaging in vigorous activities. Failure to do so could result in serious injury. Carbon County Recreation is not responsible for people pushing themselves beyond their physical ability.

I understand vehicle travel is one of the most dangerous activities a person can be involved in. I understand accidents occur and people are injured due to accidents. It is a fact of life. I recognize it and hold no one responsible while I am riding in a Carbon County vehicle, regardless who is responsible for the accident.

Acknowledgement of risk and liability release

I understand recreation activities can be potentially dangerous. I will seek advice from a medical professional prior to undertaking rigorous physical exertion. If I choose not to do this, I accept responsibility for all consequences. With this understanding, I agree to all terms and conditions listed herein. I realize that signing this document is not a mere formality, but a legal document and recognize its validity in a court of law.

I, the undersigned, have read and understand the above warnings, and do hereby agree to release and agree to hold harmless Carbon County and Carbon County Recreation, as well as instructors, volunteers, and sponsors, of all claims, demands, actions, and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation activities and events. I understand no insurance is provided, and accept full responsibility for securing appropriate medical insurance. I agree to reimburse Carbon County for any loss sustained from actions taken in accordance with the program I am registering for or this agreement.

In addition, I certify that I am in good physical condition and that I have no medical problems that will prohibit my safe participation in this program. I accept full responsibility for my wellbeing and hold no one responsible for anything that may happen to me while participating in this program, regardless who may be at fault.

My image may be used in any and all promotional material associated with Carbon Rec.

I have read and understand this agreement and agree to abide by its terms and conditions.

Participant		Date	
Legal Guardian		Date	

Office use only

Date Paid	Amount Paid	Receipt #	Check	Cash
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The philosophy of Carbon Rec 435-636-3702

The mission of Carbon Rec is to provide recreation and lifelong learning opportunities to every resident of Carbon County.

We attempt to keep costs as low as possible in all our programs. Thanks to the County Commission and Carbon School District, fees are half that of many other communities.

People who are involved in wholesome recreational activities are happier and better adjusted than people who are not. We do not give cash prizes nor banquets. Prizes for league champions are modest in nature. Participation is always our emphasis, not winning.

Our goal is to exceed the expectations of every participant in every program. While that is not always possible, that is always our goal. If we come up short, we want to hear from you. While complaining does no one any good, constructive criticism can be very productive and is always welcome.

We will never turn a child away from one of our programs for inability to pay. If you can't afford a program for your child, ask us. We may be able to help.

We are always looking to broaden our offerings. It is our pledge that we will offer anything that fits within our mission and that the community will support. If you want to do something, call us. If you have a talent you would like to share with the community, call us. We are always open to new ideas.

Email:
Steven.Christensen@carbon.utah.gov
Frank.Ori@carbon.utah.gov

R&A MARKET
408 S. Main, Helper • 472-3301

More Sports . . .

Women's Indoor Volleyball

Registration Deadline: January 10
 Fee: \$255 Early bird discount is \$230 if paid by January 10
 League will be played on Tuesday evenings at Mont Harmon Junior High and Carbon High School.
 The league will be split into divisions if there are enough teams.
 No teams will be placed on a schedule until the league fee is paid in full. Carbon Rec accepts Visa, Mastercard, and Discover credit cards to make payment easy.

Adult Softball

Registration deadline: May 2
 Men's League fee: \$500
 Earlybird discount if paid in full by May 2: \$470
 Women's League fee: \$430
 Earlybird discount if paid in full by May 2: \$400
 Men's league will play on Monday and Thursday evenings. An Ice Breaker tournament will decide divisions. Each division is limited to 12 teams.
 Women's league will play on Tuesday evenings. Women's teams will get one extra week of league play in lieu of an opening tournament. Carbon Rec accepts Visa, Mastercard, and Discover. No team will be placed on a league schedule until the fee is paid in full. Earlybird discount applies only if the fee is paid in full by May 2.
 NO EXCEPTIONS!

Umpire Clinic • FREE

March 13, 5:30 p.m. at the Recreation Office
 Must register by March 11; Must have at least six people registered by March 11 to hold the class.
 This clinic is required for anyone who is interested in working as an umpire for Carbon County Recreation. It is recommended for anyone who is thinking about being an umpire for youth baseball.

Scorekeeping Clinic • FREE

March 14, 5:30 p.m. at the Recreation Office
 Must register by March 11. Must have at least six people registered by March 11 to hold the class.
 This clinic is a must for anyone who will be involved with youth baseball.

Spring Soccer

For ages 5 and up
 Registration deadline is March 7
 Fee: \$40 with jersey, \$30 without
Earlybird discount:
 \$35 with jersey, \$25 without
IF PAID BY MARCH 7!
 Jerseys required for all leagues.
 Jerseys may be used from year to year.



USU Eastern Baseball Camp

February 13, 6-8 p.m. at the BDAC
 Fee: \$30 per participant
 For all boys and girls age 8-18
 Instruction will be by USU Eastern Head Baseball Coach Scott Madsen, USU Eastern Assistant coaches and players.
 The focus will be on fundamental skills, game concepts, team play and sportsmanship.
 If your child is planning on playing Cal Ripken baseball this camp is a great tune up before the season gets underway.
 For more information call Scott Madsen at 435-613-5639

Youth Baseball

Cal Ripken

Helper - Melissa Sorenson
 435-636-8304

Price - Jill Emerson 435-636-8594

Wellington - Kendra Rhoades
 435-636-8910

Babe Ruth

Bradley Shaw 435-650-9026

Girls Softball

Cal Ripken

Lorla Fossat 435-650-2307

These programs are not affiliated with Carbon Rec. Information is provided as a courtesy only. Please call numbers listed for information.

EASTERN UTAH
COMMUNITY CREDIT UNION
 675 E. 100 North, Price • 637-2443

Community Education

CPR/First Aid Certification Classes

National Safety Council Certification
Instructor: Barbara Robinett • At Carbon Rec
January 15-16 • March 19-20 • May 21-22 • July 16-17 • Sept. 17-18 • Nov. 19-20
Fee: \$40 • On-site registration fee: \$50 • Registration and payment must be made in advance.
If you just show up you will pay more and there is a possibility you could be turned away.
Is it worth a few hours of your time to be prepared to save the life of someone you love?

Concealed Weapons Permit Classes

Call to be placed on a waiting list. When we have sufficient participants we'll schedule a class.

Creative Writing Workshop

The times of your life . . .
Instructor: Steve Christensen • At Carbon Rec
Every other Monday at 6 p.m., beginning January 14. Goes for six sessions.
Fee: \$35 • Explore your creative side. Put your feelings into words. Leave something for posterity.

Photo Group

Meetings resume January 8 at 5:30 p.m. Regular meetings are held the second Tuesday of each month, at 5:30 p.m. The January meeting will be a planning meeting to set up activities, outings, and learning opportunities for the next few months. There will also be a class that evening at 6 p.m. on "Getting to know your new camera."
Everyone is welcome from beginner to pro. We would appreciate help from anyone willing to contribute. There is no charge for any of the classes or activities. Outings have a fee to cover transportation and other expenses.

Photo Group Calendar (All classes begin at 6 p.m.)

- Jan. 8 - Getting to know your new camera
- Jan.23 - Flash photography - Ben Grimes
Ben will explore use of the camera's built in flash and use of an added flash unit. This applies to uses other than studio.
- Feb. 12 - Studio Lighting - George Ingram
- March 14 - Marketing Your Images - Garth Frandsen
- April 9 - All the Birds I've Known - Steve Christensen
Introduction to birding and bird photography
- May 14 - Light as it Relates to Photography - Rich Erwin/Steve Christensen

FITNESS WORLD

435-613-SLIM --- 47 W Main
WWW.FITNESSWORLDPRICEUTAH.COM

WWW.FACEBOOK.COM/FITNESSWORLDPRICEUTAH

FITNESS WORLD IS A MONTH TO MONTH GYM WITH NO SIGN UP FEES OR LONG TERM CONTRACTS!

Aside from our 30 fitness classes a week, we offer a full weight room equipped with weight machines, free weights, treadmills and bikes! A children's room is available, no babysitter on duty.
Memberships are du by the 5th.

ZUMBA: M @ 5:30 PM, M-T-W-TH @ 7:55 PM

ZUMBA TONING: M @ NOON, W @ 6:45 PM

PILATES: W @ 5:15 AM, M-W-F @ 8:30 AM, W @ NOON

KICKBOXING: T-TH @ 8:45 AM, M-TH @ 6:45 PM

STRENGTH/CIRCUIT: M @ 5:15 AM, TH @ NOON, T-TH @ 5:30 PM

HUSTLE/DANCE: F @ 5:15 AM, T-F @ NOON

HUSTLE/HULA: W @ 4:00 PM, T @ 6:45 PM

STEP/SCULPT/TONE: M-T-TH @ 4:00 PM, W @ 5:30 PM

BOOTCAMP: SAT @ 9-10:30 AM

(ALL CLASSES ARE UNLIMITED WITH A MONTHLY MEMBERSHIP)

PRICES (we pro-rate through the month):

SINGLE MEMBERSHIP: \$30/MONTH

COUPLE MEMBERSHIP: \$45/MONTH

FAMILY MEMBERSHIP: \$55/MONTH

(couple and family memberships are **SAME HOUSEHOLD** only)

KEYLESS ENTRY (for members only): \$5/MONTH

DAY GYM OR SINGLE CLASS: \$3

PARTY EXPRESS
29 E. Main, Price • 637-3393

Carbon County Senior Activities Center

450 South Fairgrounds Way

Price, 636-3202

Price Activities

Lunch: M-F at Noon

-60 yoa must pay \$6.25

60 yoa and above suggested donation of \$3.00

Ceramics: M-F at 10:00am –4pm

Oil Painting Class: Wednesday at 1:00pm

Line Dancing: Mon, Tues & Thurs at 9am

Bowling at Jensen's Country Lanes: Fri at 1pm

Movie: Tues at 1pm (call for movie title)

Billiards: M-F 8am –4pm

Bingo: Weds 1pm

Shopping: Mon & Thurs at 1pm

Computer Lab: M-F 8am-4pm

Fitness Room: M-F 8am –4pm

Organ Lessons: Thursday 11am and 1pm

Game Room: M-F 8am-4pm

Blood Pressure Clinic: 2nd & 4th Monday at 10am

Pilates: Tues & Thurs at 10:30am

Health Talks: 3rd Thurs of the month at 11am

Zumba: Wed & Fri at 10am

People under 60 must have a senior sponsor for all activities.

Ring the New Year Dance December 31st 9pm to midnight

Music by Terry Shaw

~ All ages are welcome~

\$5.00 donation suggested

East Carbon Activities

636-3703

Lunch: M-F at 12:30pm

Line Dancing Wed at 9:00am

Bingo: Mon & Wed at 1:30pm

Shopping: Friday at 1:30pm

Billiards: M-F 8am– 3pm

Blood Pressure Clinic: 1st & 3rd Wednesday
11am

Card Games: Tues & Thurs 1:00pm

Friday is kickback : Movie/Cards/ Whatever
1:15pm

Bead Class: Tues at 10am

Exercise Class: Tues & Thurs at 11:30a



Line Dancers

Carbon School District Adult Education Learning Center

251 West 400 North in Price
435-613-3136

Hours: 11 a.m. to 6 p.m.
Monday through Thursday
and Friday 11 a.m. to 3 p.m.
Open Entry - Open Exit
Contact Deanna Sweet
or Lana Keller

**IT'S NEVER TOO
LATE TO FINISH
SCHOOL!
YOU MAY BE
CLOSER THAN
YOU THINK!**

- Adult High School Completion
- GED Preparation
- Computer Credit Recovery System
- Transcript/Credit Evaluation
- Inter-agency Coalition
- Adult Basic Education
- Individual Instruction
- Computer Lab Available
- English Speakers of Other Languages

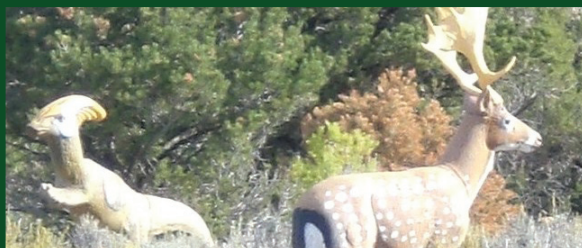
J.D.I. BETHEL 3

Price • 630-3328 call for information about our bethel

NEW HOURS FOR THE GUN RANGE

SEE WEBSITE FOR MORE INFORMATION: <http://www.carbon.utah.gov/nssr/>

North Springs Shooting Range & Recreation Area



Set your "sights" on us!

- **Long Range:** 100, 600, and 1,000 yard ranges with 50 covered shooting benches. (Portable target stands available).
- **Pistol:** Twelve shooting bays and steel "action" target area.
- **Law Enforcement:** 70 turning targets at 25, 50 and 100 yards. Running man targets, bobbars, dueling trees, falling plates, and "pepper poppers".
- **Archery:** 70 "Rinehart" 3-D targets on 2 separate ranges, 10 block targets and excelsior bale field range.
- **Trap Range:** Single trap range with automatic thrower.
- **Concealed Weapons Classes:** Offered on a regular basis. \$50.00 fee includes; class, range fees, fingerprints, photos & notary service.
- **Castle Gate Town:** Complete "Old West Town" designed for "Cowboy Action Shooting", 15 false front buildings with shooting bays. 200+ steel targets for competition and public shooting. Hospitality cabin with full kitchen and 4 covered pavilions. (Available for meetings, parties etc.)



- **Fees:** \$5.00 Day pass includes firearms and static archery. Additional \$10.00 for 3-D archery, \$2.50 for trap, under 16 free!
- **Hours:** Call for hours of operation
- **Directions:** Take SR-10 South from Price (Going toward Huntington) for 7 miles, turn right at the Wattis Jct, go 5 miles, and your there!

For more information go to www.carboncountyutah.com under "Shooting Range" link, or call (435) 650-7728



Utah's Castle Country

Carbon County Office of Tourism

435-636-3701 • 800-842-0789 • www.castlecountry.com

Thanks to these sponsors

Beehive Homes
Bodec
Conoco Phillips
Caterpillar
ECHO Industries
Desert Thunder Raceway
Price Theaters
Pinnacle Nursing and Rehab
Thunderbird Energy
Market Express
B. Hansen Construction
Ward Landscapes
Olson Dental
MBM
Cripps Electric

Thanks to these volunteers

Keith Palmer
Cama Frisbie
Nikki Withers
Connie Ware
Magin Simmons
Lindsay Hanson
Amber Gleave
Erin Hart
Beth Liddell
Nate Lewis
Shayla Brown
Bill Maikranz
Jimmy Jewkes
Seth Oveson
Richard Laursen
Leslie Holzer
Heather Cummings
Christy Engar
Amanda Swann
Rachel Fawcett
Frank Saccomanno
Cami Carlson
Matt Jarrett
Tifanie Clark
Carrie & Dwayne Huffaker
Zeferino Reyna
Kim Williams
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WORKMEN'S MARKET

101 W. 200 N., Helper • 472-3449

TAE BO® in Helper through Carbon Rec

Cardio & sculpting classes through Carbon Rec
Taught at the Helper Auditorium,
19 S Main in Helper

Burn fat while sculpting lean muscles. Join certified
Tae Bo® instructors Pamela Jewkes, April Larsen,
and Jamill Tapia for a fun filled workout that anyone
can do!

Monday through Thursday at 8:30 a.m. & 6:30 p.m.

Fee: \$3 for one class • \$15 for a 6-class pass •

\$30 month • \$45 couple monthly pass

Monthly pass includes both morning and evening
classes.

Make all checks payable to:

Carbon County Recreation

For more information call Pam 820-1369,

April 650-7196, or Jamill 630-1083

4th Annual Event Under the Full Moon

Please register early!

T-shirt deadline: June 10

Absolutely no t-shirts for registrations
received after June 10

Earlybird registration, before June 3:

\$50 for an individual or \$120 for a
relay team

After June 3: \$75 for an individual or

\$160 for a relay team

Call Carbon Rec at 435-636-3702 to

register or register online at active.com

Helmet and headlamp required



***It is the mission of the Carbon County
Chamber Of Commerce to enhance the
retail, commercial, industrial, and
civic interest of Carbon County for the
overall benefit of its Members.***

PLEASE CALL (435) 637-2788 FOR MORE INFORMATION

~~For as little as 32 cents a day you get a sales
representative. We receive hundreds of requests
each year for good and services, and we refer
these to our members.

~~Your business will be exposed to the media
and community through participation in Chamber
events such as Monthly Luncheons, Ribbon
Cuttings, Grand Openings, Business Spotlight of
the Month, and Educational Seminars. Network,
expand your business horizons, and learn about
people and processes vital to your company at
Chamber events.

~~We keep our members informed through
personal visits, meetings, events, special mailings
and e-mails regarding what is happening locally.

SUTHERLANDS
406 S. Hwy. 55, Price • 613-1512

Carbon High School Athletic Schedules

Boys Basketball 2013

Date	Opponent	Soph	JV	Varsity
Dec. 28	Emery	3:30	5:15	7:00
Jan. 2	@South Sevier	5:15	5:15	7:00
Jan. 9	Payson	3:30	5:15	7:00
Jan. 11	@Spanish Fork	3:30	5:15	7:00
Jan. 16	Juab	3:30	5:15	7:00
Jan. 18	@North Sanpete	3:30	5:15	7:00
Jan. 23	Delta	3:30	5:15	7:00
Jan. 25	@Payson	3:30	5:15	7:00
Jan. 30	Spanish Fork	3:30	5:15	7:00
Feb. 1	@Juab	3:30	5:15	7:00
Feb. 6	North Sanpete	3:30	5:15	7:00
Feb. 7	@Delta	3:30	5:15	7:00
Feb. 15	1st Round State			TBA
Feb. 21-23	State Tournament @ Utah			TBA

Girls Basketball 2013

Date	Opponent	Soph	JV	Varsity
Dec. 2	Tooele	1:00	2:45	4:30
Jan. 8	Payson	3:30	5:15	7:00
Jan. 11	@Spanish Fork	7:00	3:30	5:15
Jan. 15	Juab	3:30	5:15	7:00
Jan. 17	@North Sanpete	3:30	5:15	7:00
Jan. 22	Delta	3:30	5:15	7:00
Jan. 25	@Payson	7:00	3:30	5:15
Jan. 29	Spanish Fork	3:30	5:15	7:00
Jan. 31	@Juab	3:30	5:15	7:00
Feb. 5	North Sanpete	3:30	5:15	7:00
Feb. 7	@Delta	7:00	3:30	5:15
Feb. 16	1st Round State			TBA
Feb. 21-23	State Tournament @ Utah			TBA

Softball 2013

Date	Opponent	Varsity	JV	Soph
March 5	@ Emery	3:00	5:00	3:00
March 6	@ Grand	3:00	5:00	
March 14	@ Pineview	3:30	5:30	
March 15-16	@ Snow Canyon Tourney			
March 20	Union	3:30	5:30	TBA
March 21	Park City	3:30	5:30	TBA
March 27	Juab	3:30	5:30	3:30
April 3	@ Richfield	3:30	5:30	3:30
April 8	@ North Sanpete	3:30	5:30	3:30
April 10	Payson	3:30	5:30	3:30
April 12	Delta	3:30	5:30	3:30
April 16	@ Spanish Fork	3:30	5:30	3:30
April 17	Manti	3:30	5:30	3:30
April 19	@ Juab	3:30	5:30	3:30
April 23	North Sanpete	3:30	5:30	3:30
April 26	@ Payson	3:30	5:30	3:30
April 30	Spanish Fork	3:30	5:30	3:30
May 2	Emery	3:30	5:30	3:30
May 3	@ Delta	3:30	5:30	3:30
May 11	1st Round Play-off Games			
May 16-18	State Tournament in St. George			

Diving 2013

January 12 @ Park City at 9 a.m.
January 17 @ South Summit at 9 a.m.
January 26 Region @ Ekker Hills
Feb. 7 State @ BYU Girls at 8:30 a.m., Boys at 11 a.m.

Swimming 2013

January 4 Uintah @ Carbon 3:30 p.m.
January 8 Emery @ Carbon 3:30 p.m.
January 15 Delta & Spanish Fork @ Carbon 3:30 p.m.
January 26 Region @ Carbon 11 a.m.
February 8-9 State @ BYU

CASTLEVIEW HOSPITAL

300 N. Hospital Dr., Price • 637-4800

Carbon High School Athletic Schedules

Boys Soccer 2013

		Varsity	JV
Feb 28	Richfield @ CHS	3:30	5:00
Feb 29	@ Union	3:30	5:00
Mar 7	Beaver @CHS	3:30	5:00
Mar 8	Uintah @ CHS	3:30	5:00
Mar 20	@ North Sanpete	3:30	5:00
Mar 25	Spanish Fork @ CHS	3:30	5:00
Mar 27	@ Payson	3:30	5:00
Apr 3	Delta @ CHS	3:30	5:00
Apr 12	@ Delta	3:30	5:00
Apr 17	Payson @ CHS	3:30	5:00
Apr 24	North Sanpete @ CHS	3:30	5:00
Apr 26	@ Spanish Fork	3:30	5:00
May 2	First Round state playoffs, details to be announced		
May 4	State quarterfinals, details to be announced		
May 10	State Semi-Finals, details to be announced		
May 11	State Finals, details to be announced		

Tennis 2013

		Varsity	JV
March 20	@ Richfield	3 p.m.	ACA
March 21-23@St. George Tournament			
March 26	Springville @ CHS	3 p.m.	ACA
April 2	Grand @ CHS	3 p.m.	ACA
April 3	@Gunnison	3 p.m.	ACA
April 9	N. Sanpete @ CHS	3 p.m.	ACA
April 11	@ Payson	3 p.m.	ACA
April 16	Spanish Fork @ CHS	3 p.m.	ACA
April 18	@ Delta	3 p.m.	ACA
April 25	@N. Sanpete	3 p.m.	ACA
April 30	Payson @ CHS	3 p.m.	ACA
May 2	@ Spanish Fork	3 p.m.	ACA
May 7	Delta @ CHS	3 p.m.	ACA
May10-11	Region Tournament TBA		
May 17-18	State Tournament in St. George		

ACA – As courts available

Baseball 2013

March 8	Stansbury (Pizza Hut Classic in St. George)	10 am
March 8	Salem (Pizza Hut Classic in St. George)	4 pm
March 9	Cedar (Pizza Hut Classic in St. George)	10 am
March 9	TBA (Pizza Hut Classic in St. George)	4 or 7 pm
March 13	at South Sevier	3 pm
March 14	at Maple Mountain	3:30 pm
March 19	at Emery	3 pm
March 20	Union at Carbon	3:30 pm
March 22	at Union	3:30 pm
March 26	at *Spanish Fork	3:30 pm
March 28	*Spanish Fork at Carbon	3:30 pm
April 3	at Olympus	3:30 pm
April 5	East at Carbon	3 pm
April 9	at *Delta	3:30 pm
April 11	*Delta at Carbon	3:30 pm
April 16	*North Sanpete at Carbon	3:30 pm
April 18	at *North Sanpete	3:30 pm
April 23	at *Payson	3:30 pm
April 25	*Payson at Carbon	3:30 pm
April 30	*Juab at Carbon	3:30 pm
May 2	at *Juab	3:30 pm
May 6	Granstville at Carbon	3:30 pm
May 11	Inter-region State playoffs - Region Champion Hosts	
May 16-18	State Playoffs at Dixie State	
* Denotes Region Games		

Wrestling 2013

Jan. 8	Carbon @ Altamont JV 5:30/V 7:00
Jan. 9	Carbon @ Juab JV 5:30/V 7:00
Jan. 11-12	Tournament of Champions in Vernal, Utah
Jan. 16	Carbon @ Payson JV 5:30/V 7:00
Jan. 24	Carbon @ South Sevier JV 5:30/V 7:00
Jan. 31	Delta @ Carbon JV 5:30/V 7:00
Jan. 25-26	Winter Classic Tournament @ North Sanpete
Feb. 8-9	Division Tournament @ Delta
Feb. 15-16	STATE Tournament @ UVU

Sun Advocate
845 E. Main St., Price • 637-0732



Carbon County Fairgrounds

450 S. Fairgrounds Way
435-636-3214

Ball Fields ♦ Horse Venues
Ice Rink ♦ Kids Park
Motocross ♦ Fishing Pond
RC Airplane Park

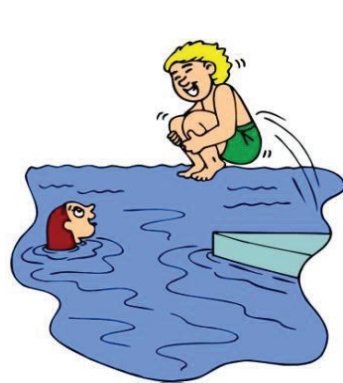


Check our Website at
castlecountry.com



BODY GLO DAY SPA

60 W. Main, Price • 637-9189



Winter/Spring Hours

240 East 500 North
Price, Utah 84501
435-637-SWIM

PUBLIC SWIM

WAVE POOL

MONDAY, TUESDAY, THURSDAY 5-8 PM
WEDNESDAY, FRIDAY 4-8 PM
SATURDAY 1-8 PM

CLOSED SUNDAYS

INDOOR POOL

SATURDAY 1-7 PM

BIRTHDAY PARTIES

\$35.00

INCLUDES ADMISSION FOR 10,
RESERVED TABLE WITH BALLOONS,
10 ICE CREAM CUPS, AND 10 SMALL
DRINKS.

WINTER/SPRING SWIM LESSONS

JANUARY 7TH – JANUARY 31ST

FEBRUARY 4TH – FEBRUARY 28TH

MARCH 4TH – MARCH 28TH

APRIL 1ST – APRIL 25TH

*Come Check Out
Our New Swim
Lesson Program!!*

Barracudas Rock

Come check out our Swim Team!!

Level 5 & above swimmers only!!

Boys & Girls up to age 18.

Interested in becoming part of a winning team??

Call 637-7946 for tryout dates & times!!



*Come Try
Water Zumba!
Call For More
Info.*

LAP SWIM

INDOOR POOL

MONDAY-FRIDAY

5:30-8 AM, 11 AM -1 PM, 7-8 PM

WATER AEROBICS

MONDAY-FRIDAY 8:30-9:30 AM

MONDAY-THURSDAY 6:00-7:00 PM

ADMISSIONS FEES

PUBLIC SWIM

ADULT (16 AND OLDER) \$4.00

CHILD (4-15 YRS.) \$3.00

SENIOR \$2.75

FAMILY OF FIVE \$13.25

EACH ADDITIONAL \$2.75

LAP SWIM

ADULTS (18 AND OLDER) \$2.00

CHILDREN AND SENIORS \$1.75

WATER AEROBICS

SINGLE ADMISSION \$3.00

10 DAY PUNCH PASS \$24.00

20 DAY PUNCH PASS \$47.00

30 DAY PUNCH PASS \$66.00

SWIM LESSONS

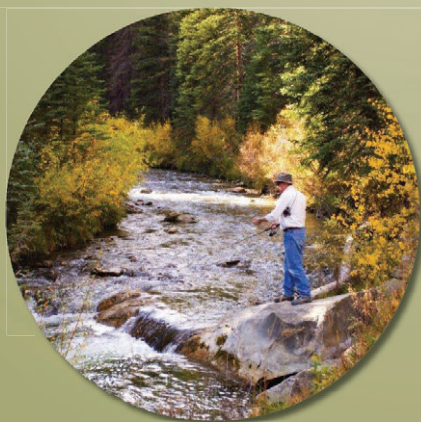
\$30.00 PER SESSION



SPECIALTY NIGHT

WEDNESDAY NIGHT IS \$1.00 NIGHT AFTER 5 PM!

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~ Attractions Surrounding Utah's Castle Country Include ~

Hiking • Biking • Rafting • Sightseeing • Fishing • Boating • Waterskiing • Motocross • Stock Car Racing
World Class Gun Range • 2 Museums • State Park • 18 Hole Golf Course • 2 National Scenic Byways • Trails
Nine Mile Canyon Tours • Dinosaur Museum and Quarry • Rodeo Grounds • Old Mining Towns and More.

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Utah's Castle Country

Carbon County Office of Tourism

Carbon County, Utah • 435-636-3701 • 800-842-0789 • www.castlecountry.com